Activity At HAND
Connecting Art & Nature
Building a Paper Owl

PREPARATIONS
Cut shapes out of construction paper to build an owl. The shapes will have to be cut according to the size owl you are going to make, the bigger the shapes, the bigger the owl.

- Cut 26 medium triangles for the body
- Cut 2 large triangles for the ears
- Cut 2 large round circles for the eyes
- Cut 2 smaller circles for the inside of the eyes
- Cut 1 larger triangle for the beak
- Rip 1 strip of paper to look like a tree branch

MATERIALS
Glue
Construction Paper
Newspaper
Scissors

DIRECTIONS
The Background
Use a brown sheet of paper for the background of your owl.

The Body
Use glue to attach the eyes, beak and ears.

Working with the triangles upside down build:
- 3 rows of 6
- 1 row of 5
- 1 row of 3

These are the feathers for the owl.

Use glue to attach the strip of ripped paper across the bottom of the brown background to create a branch under the owl.

CONSIDERATIONS
Option 1: glue googly eyes on the owl,
or
Option 2: draw the eyes on an owl

WELLNESS AREAS OF FOCUS
- Physical
- Emotional
- Personal
- Intellectual
- Social

ACTIVITY SUBMISSION
1. Take a picture of your project
2. Visit hhcenter.org/adult-day-program/
3. Click the link that reads Activity Submissions
4. Upload the picture