

# e-Programs



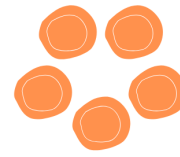
**Musical Monday**



**Team Building Tuesday**



**Wellness Wednesday**



**Sensory Seeker Thursday**



**Fun Friday**

<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> Coffee Club 9AM Fun with Science 11AM Cooking 2PM	<b>6</b> Name that Tune 9AM Hustle for the Muscle 1PM Arts & Crafts 2PM
<b>9</b> Music through the Eras 12PM Piano Concert 1PM	<b>10</b> Trivia 9AM Virtual Outing 11AM	<b>11</b> Safety First 11AM Zumba 1PM	<b>12</b> Coffee Club 9AM Fun with Science 11AM Cooking 2PM	<b>13</b> Name that Tune 9AM Hustle for the Muscle 1PM Arts & Crafts 2PM
<b>16</b> Music through the Eras 12PM Piano Concert 1PM	<b>17</b> Trivia 9AM Virtual Outing 11AM	<b>18</b> Safety First 11AM Zumba 1PM	<b>19</b> Coffee Club 9AM Fun with Science 11AM Cooking 2PM	<b>20</b> Name that Tune 9AM Hustle for the Muscle 1PM Arts & Crafts 2PM
<b>23</b> Music through the Eras 12PM Piano Concert 1PM	<b>24</b> Trivia 9AM Virtual Outing 11AM	<b>25</b> Safety First 11AM Zumba 1PM	<b>26</b> <b>27</b> <b>OFF NO PROGRAMMING</b>	
<b>30</b> Music through the Eras 12PM Piano Concert 1PM		<p><b>November 2020</b></p> <p><b>Helping Hand Center</b> SERVING CHILDREN &amp; ADULTS WITH DISABILITIES</p>		