Activity At HAND
Pencil Holder

PREPARATIONS

- Lay newspaper on the table for easy clean up.
- Rip colored paper into small pieces. The pieces should be small enough to fit onto the paper tube.
- Take the piece of cardboard and cut it into a circle that is a little bigger than the round bottom of the paper tube. Set aside.

MATERIALS

- Toilet Paper Tube
- Glue
- Small Paint Brush
- Small Piece of Cardboard
- Colored Paper
- Newspaper

DIRECTIONS

- Brush glue onto the toilet paper tube covering small sections at a time.
- Put the small pieces of paper onto the glue.
- After each couple of pieces of paper you put down go over them with glue. This will help the pieces stick.
- Overlap the pieces of paper so you can’t see the tube.
- Keep going until the tube is covered.
- Glue the cardboard bottom to the paper tube.
- Place paper tube bottom on the cardboard and push down and hold it for a few minutes.
- Let it dry. You are done! You have a pencil holder!

CONSIDERATIONS

- Any type of paper will work for this project.
- You can get cardboard from cereal boxes or other food packages.
- If you don’t have a paintbrush you can use a q-tip.
- Keep a wet paper towel next to you so that if you get glue on your hands you can wipe them off.
- You can pour some glue onto a small paper plate to make this project a little less messy.

WELLNESS AREAS OF FOCUS

- Physical
- Emotional
- Intellectual

ACTIVITY SUBMISSION

1. Take a picture of your project
2. Visit hhcenter.org/adult-day-program/
3. Click the link for activity submissions
4. Upload the picture