**Activity At HAND 🌿**

**Apple Pizza**

**WELLNESS AREAS OF FOCUS**
- Physical
- Personal
- Vocational\Economic

**DIRECTIONS**
- Core an apple using the apple corer. (Ask for assistance if needed.)
- Slice the apples into rings.
- Spread yogurt onto the apple slices.
- Top with chocolate chips.
- You are done! Enjoy your apple pizza!

**MATERIALS**
- 1 Apple
- Yogurt
- A handful of chocolate chips (any topping you like!)
- An apple corer

**CONSIDERATIONS**
- You can use any toppings you like; raisins, granola, fruit, honey, etc.
- If you don’t want to core your apple, you can cut the apple into slices.

**ACTIVITY SUBMISSION**
1. Take a picture of your project
2. Visit hhcenter.org/adult-day-program/
3. Click the link for activity submissions
4. Upload the picture

**HELPING HAND CENTER**
SERVING CHILDREN & ADULTS WITH DISABILITIES